

SOMETHING NEEDS TO CHANGE



A Call to Make Your Life Count
in a World of Urgent Need

DISCUSSION GUIDE #11: PRAYER DAY

START

- Share your SOAP Journal Entry from this last week.

PRAYER: PART 1

- To prepare yourself for an extended time of prayer, turn to Matthew 6:9-13.
- Remember that prayer is a conversation with God and the people in your group. God is present with your group and you are addressing him with your thoughts as well.
- Slowly read one verse at a time, perhaps even reading it twice.
- Pause after each verse is read to think about its meaning.
- Allow a few people to comment on what it means to them. Try to hear each verse as if you had never heard it before.
- Repeat this process for all five verses of this prayer.

PRAYER: PART 2

- Turn your focus now to praying for each person in the group.
- Consider putting a chair in the middle of the circle and having each person sit in the chair while the group prays for them.
- Ask the person in the middle to share their current needs for which they would like prayer.
- When the person has shared their needs, have several members of the group pray for them. Not everyone has to pray out loud if they are not comfortable doing that. You can have the group members lay their hands on the person in the middle if they would like to do that.
- Encourage everyone in the group to allow the group to pray for them.

PRAYER: PART 3

- Pray for the people of the Himalayas and your list of three.

SOAP JOURNAL EXERCISE WEEK 11

Read: Luke 18

S – Scripture – Choose one verse from the scripture above and hand write it below.

O – Observation – Describe in your own words what you think the verse is saying. Explore words and phrases and try to put down what you “see” in this verse. You can even re-write the verse in your own words.

A – Application – Write down what you should do because of what this verse says. It may be something you need to keep doing, stop doing, or start new. Make it as detailed and specific as possible.

P – Prayer – Write a prayer thanking God for speaking to you, and ask him to help you focus on what he has said and what you should do.