

# BE LIKE JESUS

## WEEK 2: WHAT WILL GIVE ME TRUE JOY?

Key Question: What gives us true happiness and \_\_\_\_\_ in life?

**KEY VERSE:** John 15:11

**KEY IDEA:** Despite my circumstances, I feel inner contentment and understand my \_\_\_\_\_ in life.

- Key Application #1-Let your \_\_\_\_\_ help you.
- Key Application #2-Saturate your \_\_\_\_\_ with what the Bible has to say about joy.
- Key Application #3-\_\_\_\_\_ and embrace God's intimate involvement and care in your life.

### DISCUSSION

Declarations: Which statements are easy to declare and which are not?

- I have inner contentment even when things go wrong.
- Circumstances do not dictate my mood.
- I am excited about the sense of purpose I have for my life.
- I can be content with the money and possessions I now have.

1. In what ways can you relate to Rozanne's story?
2. What are some practical ways to find joy in the midst of troubling times?
3. What biblical examples of joy inspire you (for example, the apostle Paul in prison)?
4. When have you witnessed joy? How have those demonstrations of joy motivated you to also remain joyful?
5. Read Psalm 16:1-11 and John 15:1-11. What practical steps can you glean that will lead to greater joy in your life?
6. What are some unhealthy yet common beliefs and practices that stand in the way of true joy and contentment?
7. How does faith in Christ give you reason to be joyful in all circumstances?

**CASE STUDY**  
**CLOSING PRAYER**

# SOAP JOURNAL EXERCISE WEEK 2

*Read: Philippians 4*

**S - Scripture** - Choose one verse from the scripture above and hand write it below.

**O - Observation** - Describe in your own words what you think the verse is saying. Explore words and phrases and try to put down what you “see” in this verse. You can even re-write the verse in your own words.

**A - Application** - Write down what you should do because of what this verse says. It may be something you need to keep doing, stop doing, or start new. Make it as detailed and specific as possible.

**P - Prayer** - Write a prayer thanking God for speaking to you, and ask him to help you focus on what he has said and what you should do.